

# SENIORS HOMMES

épreuves officielles					
100m	<b>10.3</b>	Christophe	<b>BOUTTARD</b>	19.06.86	Rouen
	<b>10.47</b>	Claude	<b>TOUKENE(CMR)</b>	09.05.02	Montgeron
200m	<b>21.5</b>	Christophe	<b>BOUTTARD</b>	29.06.88	Amiens
	<b>21.60</b>	Claude	<b>TOUKENE(CMR)</b>	10.07.02	Rouen
400m	<b>47.5</b>	Christophe	<b>LEMONNIER</b>	18.07.87	Sotteville
	<b>46.91</b>	Asoumane	<b>FOFANA</b>	08.06.12	Paris
800m	<b>1.47.49</b>	Alexis	<b>ABRAHAM</b>	16.06.02	Villeneuve d'Ascq
1000m	<b>2.18.00</b>	Alexis	<b>ABRAHAM</b>	03.09.00	Strasbourg
1500m	<b>3.36.05</b>	Alexis	<b>ABRAHAM</b>	09.07.01	Nice
2000m	<b>5.03.25</b>	Alexis	<b>ABRAHAM</b>	17.06.01	Villeneuve d'Ascq
3000m	<b>8.01.44</b>	El Mokhtar	<b>BENHARI</b>	10.06.00	Forbach
5000m	<b>13.55.8</b>	Henri	<b>LEPAPE</b>	24.06.72	Bourges
10000m	<b>29.09.4</b>	Henri	<b>LEPAPE</b>	02.06.71	Saint Maur
20000m	<b>1H01.08.8</b>	Daniel	<b>FOSSE</b>	23.05.74	Paris
25000m	<b>1H19.13.0</b>	Daniel	<b>FOSSE</b>	29.10.77	Dieppe
30000m	<b>1H34.45.9</b>	Daniel	<b>FOSSE</b>	29.10.77	Dieppe
Heure	<b>19Km631</b>	Daniel	<b>FOSSE</b>	23.05.74	Paris
10Km route	<b>29.50</b>	Abderrahmane	<b>DJEMADI(ALG)</b>	29.06.02	Brecey
15Km route	<b>49.34</b>	Bernard	<b>VERGOTTE</b>	09.07.00	Pont Audemer
20Km route	<b>1h07.13</b>	Ali	<b>AIT BABA</b>	18.10.98	Rouen
21,1Km route	<b>1H05.38</b>	Abderrahmane	<b>DJEMADI(ALG)</b>	13.12.02	Rouen
Marathon	<b>2H19.06</b>	Daniel	<b>FOSSE</b>	01.05.77	Val de Marne
100Km route	<b>7H47.17</b>	José	<b>GAPIN</b>	30.07.94	Gravigny
24H route	<b>206Km893</b>	Didier	<b>DURAND</b>	29.08.93	Fleurbaix
110m haies	<b>14.6</b>	Jean Yves	<b>LEROY</b>	22.06.83	Rouen Lemire
400m haies	<b>53.92</b>	Paul	<b>TUCKER(GUY)</b>	28.06.02	Anncy
3000m steeple	<b>8.36.4</b>	Jean Pierre	<b>OUIINE</b>	06.07.69	Paris Colombes
<b>Longueur</b>	<b>7m44 (i)</b>	<b>Timothée</b>	<b>SADIER</b>	<b>05/02/17</b>	<b>Lyon</b>
Hauteur	<b>2.10</b>	David	<b>DUMOUCHEL</b>	14.06.97	Val de Reuil
Triple saut	<b>14.86</b>	François	<b>GOURNAY</b>	05.06.82	Villeneuve d'Ascq
Perche	<b>5.00</b>	Stéphane	<b>THILL</b>	21.06.08	Sotteville
Poids(7.26)	<b>16.58</b>	Laurent	<b>PAKIHIVATAU</b>	21.07.96	Belfort
Disque(2)	<b>43.56</b>	Jean Yves	<b>LEROY</b>	25.05.81	Rouen Lemire
Javelot(0,8)	<b>61.18</b>	Sylvain	<b>BROCARD</b>	29.04.71	Caen
Marteau(7.26)	<b>61.46</b>	Jean François	<b>GREGOIRE</b>	29.04.00	Val de Reuil
5000m marche	<b>19.48.52</b>	Emmanuel	<b>BOULAY</b>	15.06.08	Sotteville
10000m marche	<b>43.38.36</b>	Emmanuel	<b>BOULAY</b>	09.07.10	Valence
heure marche	<b>13Km433</b>	Emmanuel	<b>BOULAY</b>	19.03.05	Gaillon
20Km route	<b>1H25.21</b>	Emmanuel	<b>BOULAY</b>	11.05.08	Cheboksary(RUS)
20000m marche	<b>1H29.32</b>	Emmanuel	<b>BOULAY</b>	04.06.06	Caucriaucville
50Km route	<b>5H02.23</b>	Gilles	<b>BELLOIR</b>	28.04.02	Sarrequemines
100Km route	<b>11H14.22</b>	Gilles	<b>BELLOIR</b>	03.09.00	Hennequeville
Décathlon	<b>7294pts</b>	Jean Yves	<b>LEROY</b>	23.05.84	Dieppe
	<b>(10.9-7.12-12.78-1.95-49.8-14.8-41.58-4.10-49.38-4.44.1)</b>				

Records du club au 30 juillet 2017

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4X100m	<b>41.52</b>	Frédéric Laurent Patrick Christophe	<b>HERVIEU MARTIN PLISSON BOUTTARD</b>	11.10.86	Annecy
4X200m	<b>1.27.6</b>	Laurent Patrick Christophe Christophe	<b>MARTIN PLISSON LEMONNIER BOUTTARD</b>	24.06.86	Rouen Lemire
4X400m	<b>3.20.8</b>	Christophe Frédéric Cédric Christophe	<b>BOUTTARD ROCHETTE LIEVEN LEMONNIER</b>	27.05.89	Rouen Lemire
4X800m	<b>7.37.56</b>	Bruno Laurent Philippe Christophe	<b>BOUCHER BUISSON BEAUFILS LEMONNIER</b>	11.10.86	Annecy
4X1500m	<b>15.40.6</b>	Erwan El Mokhtar Sébastien Alexis	<b>LEMOINE BENHARI HASCOET ABRAHAM</b>	10.10.99	Evry Bondoufle
EKIDEN	<b>2H21.00</b>	Sylvain Wilfried Thibault Julien Stéphane Régis	<b>MERLE LEMERE DELATRE LEQUEN CHARY MAUGE</b>	12.10.08	Val de Reuil
MARCHE: 18km	<b>1H27.27</b>			17.10.10	Lyon Parilly
2800m		Andy	<b>BOUTRAIS</b>		
5200m		François	<b>PESQUET</b>		
4800m		Cyrille	<b>LEBLOND</b>		
5200m		Emmanuel	<b>BOULAY</b>		